

2026 TRS/PRE-RETIREMENT SCHEDULE

The Transition Readiness Seminar (TRS) is a mandatory 5-day seminar for separating and retiring Service Members. The curriculum provides vital information and resources to assist Service Members with developing a solid transition plan to include a draft budget, draft resume, and an Individual Transition Plan (ITP).

Tracks are embedded in the week of TRS training. Four track options are available: Employment (EM), Education (ED), Vocational (V), and Entrepreneurship (EN). Availability by week is displayed below.

MAINSIDE Transition Readiness & Career Center Bldgs. 1101 & 1339 (Bowling Alley) Target: Less than 20 years of service				Pre-Retirement TRS Location: Bldg. 1339 (Bowling Alley) Classroom 3 Target: All Retirees		
JANUARY 5-9 (EM, ED, V) 12-16 (EM, ED, EN) 26-30 (EM, ED, V)	FEBRUARY 2-6 (EM, ED, EN) 9-13 (EM, ED, V) 23-27 (EM, ED, EN)	MARCH 2-6 (EM, ED, V) 9-13 (EM, ED, EN) 16-20 (EM, ED, V) 23-27 (EM, ED, EN)	APRIL 30-3 (EM, ED, V) 6-10 (EM, ED, EN) 13-17 (EM, ED, V) 20-24 (EM, ED, EN)	JANUARY 5-9 26-30	FEBRUARY 9-13 23-27	MARCH 9-13 23-27
MAY 27-1 (EM, ED, V) 4-8 (EM, ED, EN) 11-15 (EM, ED, V) 18-22 (EM, ED, EN)	JUNE 1-5 (EM, ED, V) 8-12 (EM, ED, EN) 22-26 (EM, ED, V)	JULY 6-10 (EM, ED, EN) 13-17 (EM, ED, V) 20-24 (EM, ED, EN) 27-31 (EM, ED, V)	AUGUST 3-7 (EM, ED, EN) 10-14 (EM, ED, V) 17-21 (EM, ED, EN) 24-28 (EM, ED, V)	APRIL 6-10 20-24	MAY 4-8 18-22	JUNE 1-5 22-26
SEPTEMBER 31-4 (EM, ED, EN) 14-18 (EM, ED, V) 21-25 (EM, ED, EN)	OCTOBER 28-2 (EM, ED, V) 5-9 (EM, ED, EN) 19-23 (EM, ED, V) 26-30 (EM, ED, EN)	NOVEMBER 2-6 (EM, ED, V) 16-20 (EM, ED, EN)	DECEMBER 30-4 (EM, ED, V) 7-11 (EM, ED, EN) 14-18 (EM, ED, V)	JULY 6-10 20-24	AUGUST 3-7 17-21	SEPTEMBER 31-4 14-18
				OCTOBER 5-9 19-23	NOVEMBER 2-6	DECEMBER 30-4 14-18

TRS Requirements

- Initial Counseling and the Pre-Separation Counseling Brief must be completed prior to attending TRS.
- All participants must be registered through their Unit Transition Coordinator (UTC).
- Please send all registration requests to CPTRSPRS@usmc.mil.
- It is required that attendees bring a personal laptop.
- All attendees must be in business casual attire, NO jeans, NO shorts, NO flip flops, etc.