

MCCS SUPPORTS MARINE SPOUSES' TOTAL FITNESS



SOCIAL FITNESS

EMPLOYMENT SUPPORT:

Through the [Family Member Employment Assistance](#)

[Program \(FMEAP\)](#), Marine Corps Community Services (MCCS) provides access to job fairs, networking events, and outreach to local businesses to enhance career opportunities



SPIRITUAL FITNESS

PURPOSE AND FULFILLMENT:

MCCS volunteer programs offer opportunities for spouses to engage in meaningful activities that reinforce personal values and foster strong relationships. These activities can also offer the chance to learn new skills that help boost a spouse's self-confidence.



MENTAL FITNESS

CAREER DEVELOPMENT:

[Family Member Employment Assistance Program \(FMEAP\)](#)

offers career counseling, job search support, and educational resources, along with workshops and training, to help spouses achieve their goals and adapt to new challenges.



PHYSICAL FITNESS

RESOURCE ACCESSIBILITY:

Semper Fit ensures that spouses have access to essential resources, including suitable fitness facilities and equipment to support their goals.

