

2025 TRS/PRE-RETIREMENT SCHEDULE

The Transition Readiness Seminar (TRS) is a mandatory 5-day seminar for separating and retiring Service Members. The curriculum provides vital information and resources to assist Service Members with developing a solid transition plan to include a draft budget, draft resume, and an Individual Transition Plan (ITP).

Tracks are embedded in the week of TRS training. Four track options are available: Employment (EM), Education (ED), Vocational (V), and Entrepreneurship (EN). Availability by week is displayed below.

MAINSIDE Transition Readiness & Career Center Bldgs. 1101 & 1339 (Bowling Alley) Target: Less than 20 years of service				Pre-Retirement TRS Location: Bldg. 1339 (Bowling Alley) Classroom 3 Target: All Retirees		
JANUARY 6-10 (EM, ED, V) 13-17 (EM, ED, EN) 27-31 (EM, ED, V)	FEBRUARY 3-7 (EM, ED, EN) 10-14 (EM, ED, V) 24-28 (EM, ED, V)	MARCH 3-7 (EM, ED, EN) 10-14 (EM, ED, V) 17-21 (EM, ED, EN) 24-28 (EM, ED, V)	APRIL 31-4 (EM, ED, EN) 7-11 (EM, ED, V) 14-18 (EM, ED, EN) 21-25 (EM, ED, V)	JANUARY 6-10 27-31	FEBRUARY 10-14 24-28	MARCH 10-14 24-28
MAY 28-2 (EM, ED, EN) 5-9 (EM, ED, V) 12-16 (EM, ED, EN) 19-23 (EM, ED, V)	JUNE 2-6 (EM, ED, V) 9-13 (EM, ED, EN) 23-27 (EM, ED, V)	JULY 7-11 (EM, ED, EN) 14-18 (EM, ED, V) 21-25 (EM, ED, EN) 28 - 1 Jul (EM, ED, V)	AUGUST 4-8 (EM, ED, EN) 11-15 (EM, ED, V) 18-22 (EM, ED, EN) 25-29 (EM, ED, V)	APRIL 7-11 21-25	MAY 5-9 19-23	JUNE 2-6 23-27
SEPTEMBER 8-12 (EM, ED, V) 15-19 (EM, ED, EN) 22-26 (EM, ED, V)	OCTOBER 29 Sep-3 (EM, ED, EN) 6-10 (EM, ED, V) 20-24 (EM, ED, EN) 27-31 (EM, ED, V)	NOVEMBER 3-7 (EM, ED, EN) 17-21 (EM, ED, V)	DECEMBER 1-5 (EM, ED, EN) 8-12 (EM, ED, V) 15-19 (EM, ED, EN)	JULY 14-18 28-1 Aug	AUGUST 11-15 25-29	SEPTEMBER 8-12 22-26
				OCTOBER 6-10 27-31	NOVEMBER 17-21	DECEMBER 8-12

TRS Requirements

- Initial Counseling and the Pre-Separation Counseling Brief must be completed prior to attending TRS.
- All participants must be registered through their Unit Transition Coordinator (UTC).
- Please send all registration requests to CPTRSPRS@usmc.mil.
- It is required that attendees bring a personal laptop.
- All attendees must be in business casual attire, NO jeans, NO shorts, NO flip flops, etc.