

## TRIPLE P: POSITIVE PARENTING PROGRAM

Feb 22- 24
McTureous Hall Bldg. 218
Ages 0-12 | 9am-11am • Ages 13-17 | 1pm-3pm

## WHAT IS IT?

Triple P gives parents simple tips to help manage the big and small problems of family life. Problems like toddler tantrums or teenage rebellion, Self-esteem issues, Bedtime battles, disobedience, aggression. Triple P can help you deal with them all- and more! Positive parenting is a great way to paren. Children who grow up with positive parenting do well at school ,they make friends easily, they feel good about themselves, and they're also less likely to have behavioral or emotional problems when they get older.

## THE BENEFITS



Create a stable, supportive, and harmonious family environment.



Teach children the skills they need to get along with others.



Take care of yourself as a parent.

For more info call: (760) 577-6533

Registration Required: mclbbtriplepparenting.eventbrite.com



