

# Semper Fit AQUATICS

## WHILE USING THE DIVING BOARD OR PLATFORM...

- ◆ Only one patron may be on the platform or board at a time.
- ◆ The fulcrum should be permanently locked and/or relocated to the forward most position.
- ◆ Only forward diving/jumping is permitted.
- ◆ Single bounce only off of the board or platform.
- ◆ Allow the previous diver time to reach the edge of the pool before diving.